



# EVHC READY

The Eastern Region's Pulse On Healthcare Emergency Preparedness

Thursday  
October 14, 2021

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## Communications

### Next Generation Healthcare Coalitions

Source: ASPR TRACIE – The ASPR National Healthcare Preparedness Program has placed significant emphasis on response functions of healthcare coalitions (HCC) for several years. This past year information was gathered to determine how HCC's responded to the COVID-19 pandemic. On Wednesday, December 8 at 2:30 a free webinar will be held to discuss the findings and how HCC's can improve for the future. To find out more and register please follow the [link](#)

### It's Flu Season!

Flu season is upon us and time for your flu shot! Preventing the spread of respiratory illness, like flu, is especially important during the COVID-19 pandemic. For more information on the flu please follow the [link](#).

## Emergency Operations Planning

### Questions about emergency operations plans

Source: CMS. According to the March 26, 2021 changes to CMS guidance review of Emergency Operations Plans should take place every other year, ***unless*** you are a long term care facility. They are still required to review annually. What does that mean? It means you really need to look at your plan, make sure it is still applicable to the community you serve. Are the contacts



still up to date? Are contracts still valid? Did you have any events in the past year that changed how you manage your facility? Below are a list of changes in case you missed them, more information can be found at [link](#).

- Emergency program: Decreasing the requirements for facilities to conduct an annual review of their emergency program to a biennial review. However, based on industry feedback, long term care (LTC) facilities will continue to review their emergency program annually.
- Emergency plan: Eliminating the requirement that the emergency plan include documentation of efforts to contact local, tribal, regional, state, and federal emergency preparedness officials and a facility's participation in collaborative and cooperative planning efforts.
- Training: Decreasing the training requirement from annually to every two years. Nursing homes will still be required to provide annual training.
- Testing (for inpatient providers/suppliers): Increasing the flexibility for the testing requirement so that one of the two annually-required testing exercises may be an exercise of the facility's choice; and
- Testing (for outpatient providers/suppliers): Decreasing the requirement for facilities to conduct two testing exercises to one testing exercise annually.

## Training and Exercise

### Great SouthEast Shake Out

Source: Shakeout.org At 10:21 a.m. on October 21, 2021, millions of people will “Drop, Cover, and Hold On” in The Great SouthEast ShakeOut, the region's largest earthquake drill ever! All healthcare centers and other facilities are encouraged to participate in the drill (or plan a more extensive exercise). Major earthquakes may happen anywhere you live, work, or travel. The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent a major earthquake from becoming a catastrophe for you, your organization, and your community. Why is a “Drop, Cover, and Hold On” drill important? To respond quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.

Here are a few suggestions for what healthcare facilities can do to participate in the ShakeOut. Learn more at ShakeOut.org and ShakeOut.org/healthcare.

Plan Your Drill:

- Register at ShakeOut.org/southeast/register to be counted as participating, get email updates, and more.
- Download a Drill Broadcast recording from ShakeOut.org/southeast/drill/broadcast. Have a “Drop, Cover, and Hold On” drill



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at 10:21 a.m. on October 21. You may also want to exercise other aspects of your emergency plan.

- Discuss what you learned and make improvements. Get Prepared for Earthquakes:
- Check your emergency supplies and equipment; make sure they are accessible and functional.
- Inspect your facilities for items that might fall and cause injury, and secure them.
- Make sure critical staff members are prepared at home so they can report to work or stay on duty.

## Quarterly Tabletop Series

EVHC will be hosting our second quarter tabletop series for those who need exercise for their CMS surveys or just want to test their plans. The exercises will be held on Fridays in October. We still have five spots available on 10/15, and one spot on 10/22. Please use the following link to register for an exercise. <https://www.signupgenius.com/go/10C0F4DA8A72DA7F4C52-quarterly>

## ICS 300-400 Classes

There are two opportunities to get ICS 300 this fall.

- Tidewater EMS (TEMS) Council will be hosting ICS 300 October 19-21 from 0800-1700 at the TEMS Office at 1104 Madison Plaza, Chesapeake. Contact Tonya Cook at 757-963-0632 or check the calendar for more information. [link](#)
- Norfolk International Airport will be hosting ICS 300 November 16-18 from 8:00-5:00 at Norfolk Airport, 2200 Norview Avenue. Contact Tamara DelRosario for more information at [tamara.delrosario@vdem.virginia.gov](mailto:tamara.delrosario@vdem.virginia.gov)

ICS 400 will be offered in December and January.

- Tidewater EMS (TEMS) Council will be hosting ICS 400 December 1<sup>st</sup> and 2<sup>nd</sup> 0800-1700 at the TEMS Office at 1104 Madison Plaza, Chesapeake. Contact Tonya Cook at 757-963-0632 or check the calendar for more information [link](#)
- Norfolk International Airport will be hosting ICS 400 January 11<sup>th</sup> and 12<sup>th</sup> from 8:00-5:00 at Norfolk Airport, 2200 Norview Avenue. Contact Tamara DelRosario for more information at [tamara.delrosario@vdem.virginia.gov](mailto:tamara.delrosario@vdem.virginia.gov)

## CISA Annual National Cybersecurity Summit

CISA will host its fourth annual National Cybersecurity Summit on Wednesdays during the month of October. The 2021 Summit will be held as a series of four virtual events bringing stakeholders together in a forum for meaningful conversation:

- Oct. 20 - Team Awesome: The Cyber Workforce
- Oct. 27 - The Cyber/Physical Convergence



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Register for this free summit and read more about the presentations at [CISA.gov/cybersummit2021](https://www.cisa.gov/cybersummit2021).

## Cyber Security

### Healthcare and Public Sector Highlights – Cybersecurity Edition

Cybersecurity Awareness Month 2021. Join the federal government as we recognize the 18<sup>th</sup> Cybersecurity Awareness Month. All through the month the Cybersecurity and Infrastructure Security Agency (CISA) and the National Cybersecurity Alliance (NCSA) are asking you to “*Do Your Part. Be Cyber Smart.*” Cybersecurity is important for all Americans, and CISA and NCSA are sharing information and resources to help every one of us recognize and reduce the risk of cybersecurity threats.

Each week in October we will highlight a different aspect of what it takes to “Do Your Part. Be Cyber Smart.”

- **Week 2 (October 11-17): Phight the Phish!:**  
Learn how to spot phishing attempts to prevent ransomware and other malware attacks.
- **Week 3 (October 18-24): Explore. Experience. Share.:**  
During week three of Cybersecurity Awareness Month, we will join the National Initiative for Cybersecurity Education (NICE) to celebrate Cybersecurity Career Awareness Week.
- **Week 4 (October 25-31): Cybersecurity First:**  
Explore how cybersecurity and staying safe online is increasingly important as our world continues to operate virtually for so much of work and play.

### Urgent Medical Device Recall: MiniMed™ Remote Controller (MMT-500 or MMT-503)

Medtronic has issued an urgent recall for MiniMed™ Remote Controller (MMT-500 or MMT-503). You should immediately stop using and disconnect the remote controller, disable the remote feature, and return the remote controller to Medtronic.

Medtronic first communicated this recall to some users in August 2018 with instructions on how to disable the remote bolus feature, when not in use, to protect the security of your insulin pump when using an optional remote controller which may be susceptible to a cybersecurity risk. At that time, only users whose pumps were under warranty received the recall notification.

Medtronic is now expanding the notification to all users who Medtronic believes may still be using the MiniMed™ 508 insulin pump or the MiniMed™ Paradigm™ family of insulin pumps and have purchased a remote controller.



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Additionally, after further review, Medtronic has determined that the potential risks associated with the MiniMed™ remote controller outweigh the benefits of its continued use. Therefore, Medtronic is providing updated instructions to further address this risk. Learn more at [link](#) .

## [University of Minnesota Launches Center for Medical Device Cybersecurity](#)

The University of Minnesota (UMN) announced its new Center for Medical Device Cybersecurity (CMDC). The center will foster university-industry-government collaborations to ensure that medical devices are both safe and secure from the growing number of cybersecurity threats.

The CMDC was formed in response to a request from members of the medical device manufacturing industry to form a collaborative hub for discovery, outreach and workforce training in the emerging device security field. The center will focus on developing new research, technologies, education and training to address potential cybersecurity threats. Learn more at [link](#)

## [Preparedness/Prevention](#)

### [Ohio State News- Officials leading hurricane response need ‘risk literacy’](#)

Source: Ohio State News, The study found that officials who had the most complete set of forecast data were more likely to issue evacuation orders earlier, giving people in the hurricane’s path more time to get out of town than they would have had otherwise. That additional time was significant, the study found, adding between 16.6 and 22.8 hours to a community’s evacuation time.

Those hours, Dormady said, could be the difference between life and death for people in a storm’s path, and could also make evacuations, which are often a safety risk themselves, more safe. In fact, in some major disasters, more people die from poorly administered evacuations than from the catastrophic event itself. For more information, please use the following [link](#)

### [It’s Fire Prevention Month](#)

October is Fire Prevention month, **RICHMOND** – *October 5, 2021* – The Virginia Department of Fire Programs’ (VDFP) State Fire Marshal’s Office (SFMO) stresses that Virginians increase awareness of their household smoke and carbon monoxide alarms. It is imperative that homes throughout the commonwealth remain protected, as this knowledge could drastically decrease casualties and injury caused by fires.

As of September 24, 2021, there have been 28 confirmed civilian fire deaths in Virginia, as well as 68 confirmed civilian injuries caused by household fires this year.

“Having an up to date, working smoke alarm in a home can be the difference between safety and disaster. Citizens of the Commonwealth should be proactive- look and listen,” said **Billy Hux, Assistant State Fire Marshal**. For more information about fire safety please follow the [link](#) . To print out the “sounds of safety” flyer as well as additional flyers follow the [link](#).